# COVID-19 IN THE ARCTIC

#### SUCCESSES AND LESSONS FROM THE FIRST SIX MONTHS

After originating in Wuhan, China, in late 2019, the Coronavirus disease (COVID-19) a particularly virulent strain of coronavirus - became a worldwide pandemic. Cases quickly spread to Arctic nations and containment measures were enacted by both small communities and state governments. Some of the responses in the Arctic can be considered examples of best practices and helped to limit the spread from the beginning, which is reflected in this region's low death rate. These effective preventative measures were especially critical for remote Arctic communities with limited access to healthcare and other necessary resources, but they remain highly vulnerable to the pandemic's secondary effects.

#### **DEVELOPMENT OF COVID-19** IN THE ARCTIC REGION

Jan 26: First COVID-19 case

confirmed in Finland, which is the

**COVID-19 Weekly New Cases** 

in the Arctic Area

26

#### earliest in the Arctic. Jan 30 WHO Alaska, US WHO declared COVID-19 a "public health **NUMBER OF CASES** emergency of international concern" Northwest Territories, Canada Yukon, Canada Norway **COVID-19 Infection Rates:** Nunavut, Canada The Arctic in Global Comparison Greenland, Denmark Data updated until Oct 10, 2020 Faroe Islands, Denmark Yamal-Nenets, Russia 32.48‰ United States (Including Alaska) 23.35‰ Magadan, Russia 21.59% Murmansk, Russia 20.53% 18.42‰ Spain Khanty-Mansiy, Russia 2000 athletes from Kamchatka, Russia 14.96‰ around the world change plans to Arkhangel'sk, Russia attend the Arctic Winter Games in Yukon, Canada, which were canceled Alaska, United States 12.82% due to the pandemic. Mar 10: Sweden declares highest 11.22‰ France level of community spread risk Sakha, Russia 10.94% Mar 11 WHO Mar 11: Alaska declares state of Komi, Russia emergency **WHO declares COVID-19** Iceland 10.14‰ Mar 13 | Denmark a global pandemic Faroe Islands, Denmark 9.76‰ Sweden 9.75‰ among the first European countries to **Arctic Total** 9.42% introduce lockdown measures Mar 16: Finland declares state of **United Kingdom** 8.74‰ emergency Nenets, Russia Krasnoyarsk, Russia Mar 19: Nuuk, Greenland locks down after second confirmed case **World Total** 6.46‰ Mar 22: Some remote villages in Alaska attempt to isolate India themselves Chukotka, Russia Mar 24: Iceland announces travel Turkey Mar 27: Finland temporarily closes Germany Mar 31 | Russia borders of Uusimaa region, which 5.89% Norway 2.85‰ had most confirmed cases Finland 2.14‰ Record case rice forces tough lockdown sanctions 2.89% South Korea 0.48‰ Apr 9 | Iceland Yukon, Canada 0.36‰ Greenland, Denmark 0.28‰ Iceland's 'Test Everyone' Goal seems 2/3 companies in the Norwegian Northwest Territories, Canada successful Hospitality Association are on the brink China 0.06% of bankruptcy. - Mar 31, 2020 Apr15: Denmark initiates low and Nunavut, Canada 0 gradual reopening Apr 22 | Finland **Apr 22:** Greenland ends a ban on travel from Nuuk ahead of schedule Finland adopts hybrid strategy to Apr 24: Alaska starts phase 1 of contain coronavirus: containing outbreak while moving towards normal **Apr 28:** Yukon government will take a \_\_\_\_ The Arctic region's infection rate (9.42‰) is higher "precautionary" approach to reopening the territory's economy; than the world total (6.46‰). NWT further tightening of border May 5 | Russia 2. The Arctic region also has a considerably higher death rate (5.89% compared to 2.89%). In some countries/territories such as Sweden, Iceland, Over 20,000 new cases in 48 hours May 8: Alaska starts phase 2 of and the Faroe Islands, the situation is more severe and reopening the infection rate is higher than the global rate. 48% of tourism companies in Lapland, Finland fear they cannot survive more than 5 months, and a quarter up to 10 months. - May 8, 2020 **COVID-19 Infection Rate Map** 90% of international Arctic - Data updated until Oct 10, 2020 projects funded by the United States' National Science Foundation Section for Arctic Sciences have cancelled their 2020 spring and Canada's restrictions on shipping summer field research expeditions. and cruises will cost communities in eastern Arctic territory of Nunavut Losing the 2020 season would cost ,000,000 Greenlandic tourism businesses \$ 67,000,000 - Jun 1, 2020 (450 million Danish Kroner) June 15, Finland opens border to Norway, Denmark, Iceland, and Estonia Jun 18 WHO Higher Infection Rate **WHO releases Global Allocation** Framework for COVID-19 treatments and vaccines, identifying priority populations The infection rate in some Arctic regions is higher than in the United States, the country with the highest number of cases. 1. COVID spread reaches its peak by June in the Arctic region. 2. On June 24th, a total of 1727 cases were reported from the Arctic region.

#### EXAMPLES & BEST PRACTICE IN THE ARCTIC REGION

While these concerns and risk factors are taking their toll on some Indigenous communities across the globe, such as in Brazil and within the Navajo nation in the U.S., some Indigenous Arctic communities used effective strategies to minimize the impact of COVID-19:



### **Nunavut, Canada**

- Implemented strict travel restrictions not allowing anyone other than Nunavut residents and critical workers into the community.
- Mandatory two-week isolation of Nunavut residents returning from outside of Nunavut in isolation sites such as in Ottawa or Winnipeg.
- COVID-19 in Nunavut was of particular concern because the Nunavut community experiences respiratory-disease and related deaths at much higher rates than the surrounding Canadian average.
- In a population of 38,780 people, there are no current confirmed cases in the community.



#### **Alaska, United States**

Jul 31: Iceland's restrictions of

two-meter distancing and 100-person limit to gatherings re-imposed after two new infection clusters discovered

Aug 11 | Russia

process was rushed.

**President Putin announces approval** for a COVID vaccine, named Sputnik-V. Russia becomes the first country in the world to do so, but international

experts raise concern that the approval

- Remote Alaskan Arctic villages have also completely isolated themselves from the remainder of the world to prevent even one single case of COVID-19 in their communities

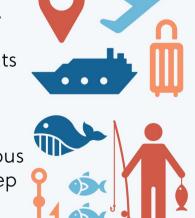


#### **Greenland, Denmark**

- On March 13th, Greenland completely closed itself off to the rest of the world to prevent cases of COVID-19.
- These attempts have been successful. Only 14 known cases (as of September 6th) have been reported and all have recovered.

#### **IMPACTS OF COVID-19 IN THE ARCTIC**

- Serious financial impact, affecting
- tourism, fisheries and other industries. - Substantial consequences for science and education, as well as cultural events
- and social life within communities. Some Indigenous communities / territories have successfully isolated themselves and are focusing on previous generations' knowledge on how to keep safe and survive off the land.



Aug 2

## A PERFECT STORM

#### **Concerns for Indigenous communities** regarding COVID-19:

- Limited infrastructure: access to healthcare, sanitation, clean water and preventative materials.
- Multi-generational housing, food insecurity, reliance on oil, fishing, and tourism make communities even more vulnerable.
- Pre-existing high rates of mental health decline, suicide, depression, and anxiety can be worsened under the COVID-19 pandemic.

#### Preparations for a second wave or future pandemics:

The Arctic Council recently published <u>a report</u> regarding the current state of affairs for COVID-19 in Arctic communities. The report identifies knowledge gaps and recommendations of what's needed to reduce impacts of a second wave or future pandemics.

- More data and research and harmonization thereof needed to informpolicy.
- Coordinate efforts by various Arctic governance actors.
- Reassess and strengthen the healthcare and emergency capacity in Arctic areas.
- Provide various ways to communicate information to Arctic populations, taking into consideration potential lack of access to certain modes of communication.
- Document Traditional Knowledge from communities about how the communities have responded to historical pandemics.





